

FIRE IN THE MOUNTAIN



The Magical Festival Returns!
1st-4th June
Tân Yn Y Mynydd - Wales

CONTENTS

1. WELCOME
2. DIRECTIONS
3. WASTE AND RECYCLING
4. THE PROCESSION
5. LIVE MUSIC
6. MUSIC WORKSHOPS
7. BARDIC FIRE
8. CRAFTS COLLECTIVE
9. KIDS AREA
10. WELLBEING AND WELFARE
11. FORUM
12. SUNDAY MARKET
13. FOOD AND DRINK
14. SAUNA
15. CAMPFIRE IN THE MOUNTAIN
16. MUSIC OF THE MOUNTAIN



WELCOME

WELCOME TO FIRE IN THE MOUNTAIN FESTIVAL. THIS WILL BE OUR 11TH EDITION.

WE REMAIN A SMALL FESTIVAL BY CHOICE - LIMITED TO 2000 PEOPLE IN TOTAL, WHICH INCLUDES ALL TICKET PURCHASERS, CREW, VOLUNTEERS, MUSICIANS, KIDS AND BABIES.

THE FESTIVAL WAS ESTABLISHED 13 YEARS AGO AS A MEANS TO RAISE MONEY FOR, AND PROVIDE VOLUNTEERS, TO HELP MAINTAIN THE LAND AND OLD FARM ON WHICH IT IS HELD. WE STILL DO THIS TODAY.

THE FESTIVAL IS A NOT-FOR-PROFIT COMPANY, OUR ACCOUNTS ARE PUBLISHED, AND ANY SURPLUS MONEY MADE IS SPENT ON THE LAND, THE FARM, AND THE FESTIVAL.

OUR THEME THIS YEAR IS **PARTICIPATION**. EXPECT MORE WORKSHOPS, ACTIVITIES, MUSIC, SINGING AND DANCING IN THE DAY. ENGAGE, CONNECT, DO.

THANK YOU FOR JOINING US ON THE FARM FOR A WONDERFUL WEEKEND OF MUSIC AND CELEBRATION.

HELP US ALL FIT ON THE FARM

1. PLEASE DO NOT BRING AWNINGS, OR CREATE LARGE CIRCLES WITH FRIENDS
2. PLEASE BRING A SMALLER TENT IF YOU CAN, AND PLEASE SHARE BELL TENTS WITH YOUR CHILDREN IF POSSIBLE.
3. PLEASE PITCH VERY CLOSE TO YOUR NEIGHBOURS — IF YOU LEAVE A COMFORTABLE SPACE, IT IS MOST LIKELY SOMEONE WILL HAVE TO PUT A TENT IN THAT SPACE.
4. CAMPING STEWARDS WILL BE IN OPERATION ENCOURAGING CLOSE PITCHING. PLEASE RESPECT THEM, WE NEED THEM TO DO THIS FOR THE BENEFIT OF ALL.
5. PLEASE BE MINDFUL WHEN PITCHING YOUR TENT THAT WE HAVE TO FIT A LOT OF PEOPLE IN ONE FIELD, SO PITCH SNUGLY WITH NEIGHBOURS.
6. PLEASE DO MAKE THE SHORT WALK TO ADVENTURE CAMPING - IT IS BEAUTIFUL AND QUIET.



DIRECTIONS

CWMNEWIDINN ISAF, CNWCH COCH, MID WALES, SY23 4LL

WHAT THREE WORDS UNDER.CAMPFIRES.MERGE MUSHROOM.CHOICE.GUESSWORK

GRID REF: SN 68064 74593

LATITUDE: 52.353482

LONGITUDE: -3.938599

NOTE: POSTCODE SY23 4LL TAKES
YOU TO THE FARM BELOW OURS,
CARRY ON ½ MILE TOWARDS
PONTRHYDYGROES

ARRIVAL

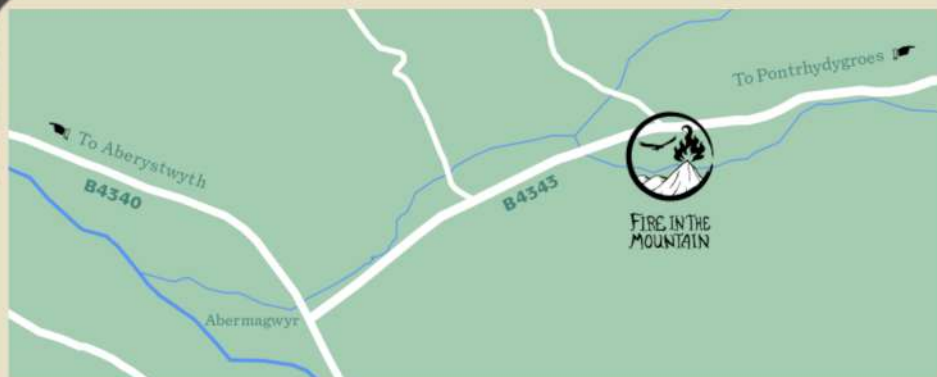
THE LOCAL COMMUNITY HAVE
REQUESTED MORE MINDFULNESS
ABOUT OUR ARRIVAL. VEHICLES
MUST GET OFF THE B4343 AS
SOON AS POSSIBLE.

PLEASE KNOW IN ADVANCE WHICH
GATE TO GO THROUGH. THERE
ARE HOLDING AND WAITING
AREAS IN ALL FIELDS.

**ALL CARS AND CREW CAMPERS GO TO
RED GATE**

**ALL TICKETED CAMPER VANS GO TO
YELLOW GATE**

**ALL PRODUCTION VEHICLES GO TO BLUE
GATE**



SHUTTLE FROM ABERYSTWYTH TRAIN STATION TO FESTIVAL

THURSDAY

15:30, 17:30, 19:30, 21:30

FRIDAY

13:30, 15:30, 17:30, 19:30, 21:30

SHUTTLE FROM FESTIVAL TO ABERYSTWYTH TRAIN STATION

SUNDAY

9:00, 11:00, 13:00, 15:00, 17:00

MONDAY

9:00, 11:00

WASTE AND RECYCLING

WE NEED YOU TO HELP US!
PLEASE TAKE HOME AS MUCH WASTE AS POSSIBLE!

WE ARE EXCITED TO BE BACK AMONGST YOU THIS YEAR WITH EVER IMPROVING FESTIVAL GREEN CREDENTIALS, FITM BELIEVE DEEPLY IN CONTRIBUTING TO OUR COMMUNITY AND THE PLANET WHILE RECOGNISING THE INTRINSIC RELATIONSHIP BETWEEN BOTH.

THIS YEAR SEES RETURN OF **THE RECYCLING DISCO** WHERE FESTIVAL GOERS CAN BE RESPONSIBLE FOR SORTING THEIR OWN WASTE IN A FUN AND ENGAGING ENVIRONMENT. WE ARE ALSO PROUD TO ANNOUNCE THAT ALL FOOD WASTE WILL BE PROCESSED IN WALES WITH ANAEROBIC DIGESTER. (PLEASE MAKE SURE YOUR FOOD WASTE IS SEPARATED WHEN SORTING YOUR RUBBISH)

HOW CAN YOU HELP?

- 1) **TAKING HOME YOUR OWN RUBBISH:** MOST RESIDENTIAL COUNCIL RECYCLING CAPACITIES ARE MORE COMPREHENSIVE THAN CAN BE OFFERED AT FESTIVALS SUCH AS FITM MAINLY DUE TO VOLUME, ONE WAY TO HELP THE PLANET AND OUR RECYCLING TEAM IS TO TAKE HOME AND RECYCLE YOUR OWN WASTE, THIS WILL ENSURE ITEMS SUCH AS GAS CANISTERS, BATTERIES AND TETRA PACKS WILL BE PROCESSED.
- 2) IF YOU ABSOLUTELY CAN'T DO THIS WE ASK YOU TO PLEASE SORT YOUR WASTE AT ONE OF THE BIN AREAS STATIONED AROUND THE SITE OR, OF COURSE POP DOWN TO **THE RECYCLING DISCO** AND SORT YOUR WASTE FOR RECYCLING WHILST CATCHING A VIBE AND SHAKING A LEG.

FINALLY WE CAN'T WAIT TO SEE YOU ALL ON THE LAND SOON AND BIG THANKS TO EVERYONE THAT ATTENDS AND CONTRIBUTES TO THIS WONDERFUL FESTIVAL, A SPECIAL MENTION AND THANKS TO OUR WASTE PARTNERS LAS RECYCLING IN LAMPETER, PIPPA DRAKE-LEE AND JOSH LIRON FOR ALL YOUR CONTRIBUTIONS.

ALEX BROWN
WASTE & RECYCLING CO-ORDINATOR



COME JOIN THE WILDLANDS DANCE

IN WHICH LAND DOES YOUR HEART DWELL?



MYNYDD

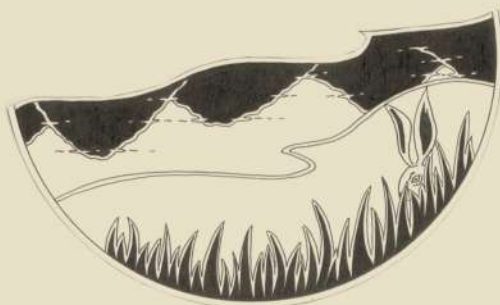
COLOURS- MOORLAND HUES

CREATURES- RED DEER, KITES, PONIES, LAPWINGS, WOLVES.....

CWM

COLOURS- WILD FLOWER MEADOWS

CREATURES- HARES, FOXES, BEES, SWALLOWS, WRENS.....



AFON

COLOURS- RUNNING WATER

CREATURES- OTTER, KINGFISHER, DAMSELFLY, HERON TROUT.....

**AS DUSK APPROACHES ON SATURDAY
DON YOUR FINEST CLOBBER IN THE COLOURS OF YOUR CLAN
BECOME A CREATURE OF THE LAND
GO WILD. GO ROGUE**

WATCH OUT FOR YOUR ROAMING GIANT AND JOIN THE THRONG

PROCESSION WORKSHOP SATURDAY 1-2 IN THE WILLOW CRAFTS TENT

LIVE MUSIC

THE COURTYARD STAGE



THURSDAY 1ST JUNE

19:00 : REMIX REELING

21:30 : HENGE

23:00 : CHRIS TOFU

00:00 : SUPER SOCA SHOW



FRIDAY 2ND JUNE

18:30 : VILLE AND TOMMIE

20:00 : TACLA

21:30 : NOGOOD BOYO

23:00 : THE MUDD CLUB

00:30 :DONKEY HOKEY

SATURDAY 3RD JUNE

17:00 : LUNATRAKTORS

18:30 : DR. JYOTSNA SRIKANTH

22:30 : MR BRUCE

00:00 : THE WANTON STRINGBAND

SUNDAY 4TH JUNE

17:00 : THE GENTLE GOOD

18:30 : THE KING DRISCOLLS

20:00 : JUDELMAN'S KLEZMER KOMPANYE

21:30 : DILA V AND THE ODD BEATS

23:00 : OPA ROSA

0:30 : THE LANGAN BAND



THE TRAVELLING BARN

FRIDAY 2ND JUNE

17:30 : EOGHAN Ó CEANNABHÁIN

19:00 : LADY NADE

20:30 : CLUB DEBRIS

22:00 : THE FLATVILLE ACES

23:30 : INTERSTATE EXPRESS

01:00 HANNAH READ AND MICHAEL STARKEY

SATURDAY 3RD JUNE

17:00 : THE FOUNTAINEERS

18:30 : SALLY IN THE WOODS

20:00 : RIGMAROLLERS

21:30 : RHEINGANS SISTERS

23:00 : BILL AND THE BELLS

0:30 : ERIKA LEWIS, STEVEN PARIS AND LEONIE EVANS

SUNDAY 4TH JUNE

18:00 : HUSHMAN

19:30 : MARTIN CARTHY

21:00 : LADY MAISERY

22:30 : NICK HART AND TOM MOORE

00:00 : THE RELATIVES



THE LAWN STAGE

EVERY DAY NOON - 9PM

PICKIN' MISSYS : CALLUM MORTAN BAND

THE HERMIT : JOE STROUZER : THE CLAY

BOTTOM JUG BUSTERS : CERI RHYS MATTHEWS

AND JULIE MURPHY : OWEN SPAFFORD AND

LOUIS CAMPBELL : JERI FOREMAN AND RUTH

ELIZA : PETER STEVENSON : HANDS OF HERON

BALFOLK DANCING

THE AGILE RABBIT Y GWNINGEN YSTWYTH

EVERY DAY 9PM - 2AM

A NEW VENUE FOR THE FESTIVAL.

A LATE NIGHT, TOTALLY ACOUSTIC, UNAMPLIFIED
SESSION AND JAM SPACE DOWN BY THE RIVER.

HEAD HERE FOR SPONTANEOUS GIGS, SECRET
PERFORMANCES, SING-A-LONGS, REVELERY AND
MUCH JOVIALITY.

THE SPEAKEASY

EVERY DAY 9 PM - LATE

DEEP FOLK BY DAY, DEEP BEATS BY NIGHT



MUSIC WORKSHOPS

FRIDAY

SATURDAY

SUNDAY

THE COURTYARD (DANCE)

12:00
PERCUSSIVE DANCE
14:00
SWEDISH DANCE
15:30
CAJUN DANCE CLASS
17:00
TWMPATH

12:00
PERCUSSIVE DANCE
14:00
SWING DANCE
15:30
CUT A SHINE
SQUARE DANCE

12:00
PERCUSSIVE DANCE
14:00
KLEZMER DANCE
15:30
CUT A SHINE
CEILIDH DANCE

THE TRAVELLING BARN (SONG)

11:00
YOGA
12:00
HARMONY
13:00
WELSH HARP MAKING
14:00
WELSH FOLK SONGS
15:00
CHOIR IN THE MOUNTAIN
16:00
SEAN NÓS SINGING
EOGHAN Ó CEANNABHÁIN

11:00
YOGA
12:00
OVETONE SINGING
13:00
HARMONY
14:00
JAZZ SINGING
15:00
CHOIR IN THE MOUNTAIN
16:00
SHAPE NOTE SINGING

11:00 - 14:00
SUNDAY MARKET
15:00
WELSH SONG AND LOCAL
PLACE NAMES
16:00
HARMONY
17:00
SINGING WITH
LADY MAISERY

THE FOLK N ANCHOR (INSTRUMENTS)

11 - 19:00
**FESTIVAL
FORUM**

12:00
CRANKIE SHOW
13:00
CRANKIE MAKING
WORKSHOP
14:00
OLD TIME FIDDLE
15:00
OLD TIME BANJO
16:00
CRAIG JUDELMAN
KLEZMER FIDDLE
17:00
QUEBECOISE TUNES

11:00
SAMBA WORKSHOP
MARACATU
12:00
SWEDISH TUNES
13:00
HARMONICA
14:00
ENGLISH/IRISH FIDDLE
WITH OWEN SPAFFORD
15:00
CAJUN FIDDLE
16:00
BALKAN TUNES
WITH OPA ROSA



BARDIC FIRE



DOWN IN THE VALLEY, ACROSS THE STREAM BY THE DINGLEY DELL, ON EACH NIGHT OF THE FESTIVAL FROM SUNSET TILL DAWN, THE BARDIC FIRE BURNS BRIGHT.

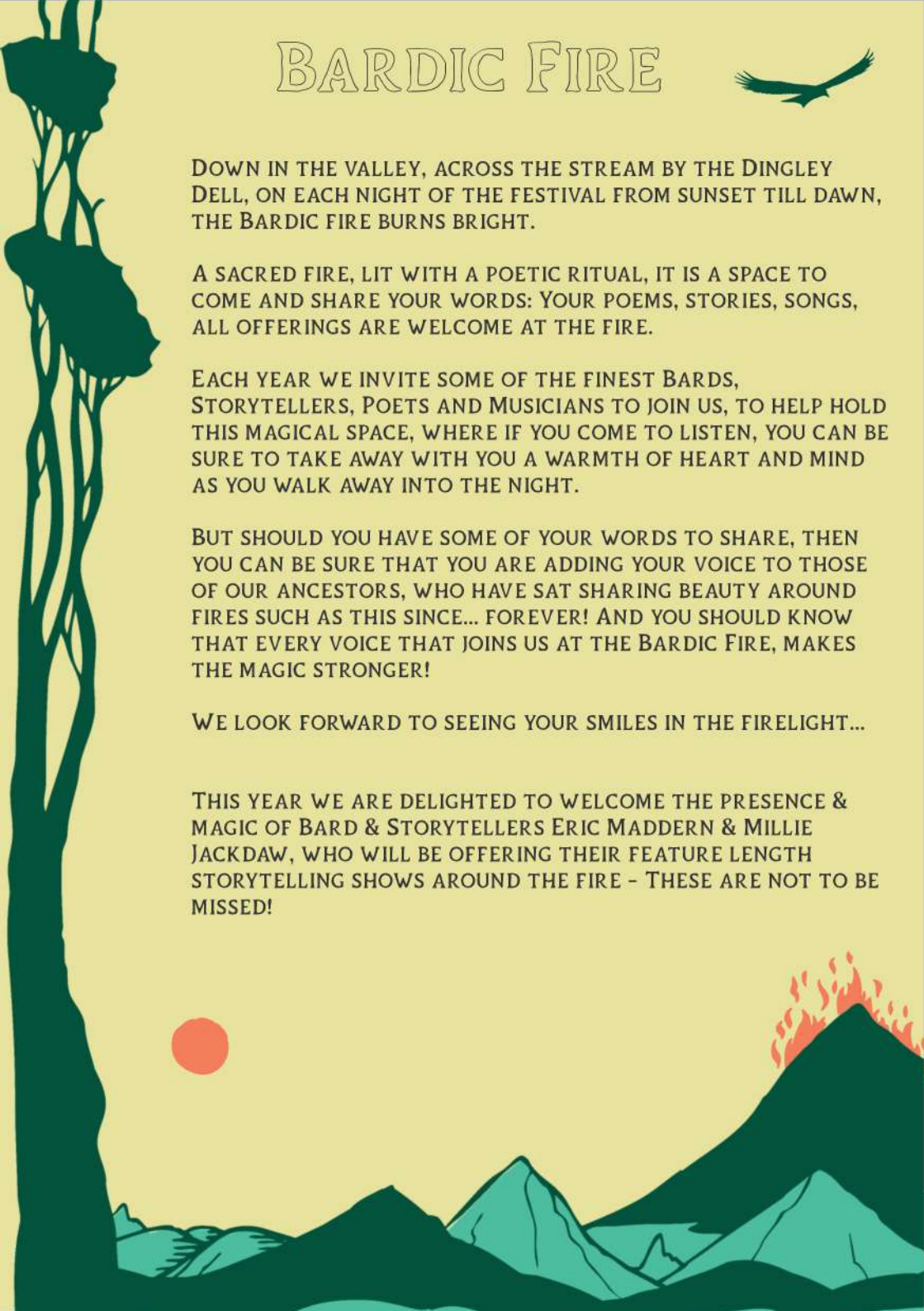
A SACRED FIRE, LIT WITH A POETIC RITUAL, IT IS A SPACE TO COME AND SHARE YOUR WORDS: YOUR POEMS, STORIES, SONGS, ALL OFFERINGS ARE WELCOME AT THE FIRE.

EACH YEAR WE INVITE SOME OF THE FINEST BARDS, STORYTELLERS, POETS AND MUSICIANS TO JOIN US, TO HELP HOLD THIS MAGICAL SPACE, WHERE IF YOU COME TO LISTEN, YOU CAN BE SURE TO TAKE AWAY WITH YOU A WARMTH OF HEART AND MIND AS YOU WALK AWAY INTO THE NIGHT.

BUT SHOULD YOU HAVE SOME OF YOUR WORDS TO SHARE, THEN YOU CAN BE SURE THAT YOU ARE ADDING YOUR VOICE TO THOSE OF OUR ANCESTORS, WHO HAVE SAT SHARING BEAUTY AROUND FIRES SUCH AS THIS SINCE... FOREVER! AND YOU SHOULD KNOW THAT EVERY VOICE THAT JOINS US AT THE BARDIC FIRE, MAKES THE MAGIC STRONGER!

WE LOOK FORWARD TO SEEING YOUR SMILES IN THE FIRELIGHT...

THIS YEAR WE ARE DELIGHTED TO WELCOME THE PRESENCE & MAGIC OF BARD & STORYTELLERS ERIC MADDERN & MILLIE JACKDAW, WHO WILL BE OFFERING THEIR FEATURE LENGTH STORYTELLING SHOWS AROUND THE FIRE - THESE ARE NOT TO BE MISSED!



THE CRAFTS COLLECTIVE

THE CRAFT COLLECTIVE IS A GROUP OF YOUNG, PASSIONATE MAKERS. WE ARE A COLLECTIVE OF PEOPLE WHO ARE INTERESTED IN KEEPING HERITAGE AND SUSTAINABLE CRAFTS ALIVE.

WE BELIEVE THAT EVERY PERSON SHOULD BE ABLE TO ACCESS THESE SKILLS FOR AFFORDABLE PRICES.

THURSDAY

FRIDAY

SATURDAY

SUNDAY

THE LARGE CRAFTS MARQUEE

10AM		WILLOW	WILLOW	TANNING
12PM	POLE LATHE	ETCHING	BOWL TURNING	ETCHING
2PM	BOWL MAKING	POLE LATHE	BOWL TURNING	WILLOW
4PM	SPOON CARVE	SPOON CARVING	TATTOO	TATTOO

THE SMALL CRAFTS TENT

12PM		LOOM WEAVING	LEATHER WORK	CARD LOOM
4PM	LOOM WEAVING	NATURAL DYING	NATURAL DYEING	BONE AND ANTLER

THE DINGLEY DELL

10AM		FOREST SCHOOL	FOREST SCHOOL	FOREST SCHOOL
12PM		PIT FORGERY	BREAD & CHEESE	PIT FORGING
2PM		FERMENTATION	CHARCOAL BURN	FERMENTATION
4PM	RABBIT BUTCHERY	BREAD AND CHEESE MAKING	CHARCOAL BURN	

FOREST GARDENING

AN INTERACTIVE INTRODUCTION TO FOREST GARDENING INVOLVING A LOOK AT NATURAL WOODLAND ON SITE, AND HOW FOLLOWING NATURAL PRINCIPLES OF ECOLOGY MEAN WE CAN CREATE BEAUTIFUL AND PRODUCTIVE FOREST GARDENS TO SUIT OUR NEEDS AND CONTEXT: FROM SMALL BACK GARDENS TO FARM-SCALE.

PLENTY OF TIME TO EXPLORE YOUR CONTEXT AND ANSWER QUESTIONS THAT WILL HELP YOUR FURTHER EXPLORATION OF WORKING WITH NATURE AND SELF-RESILIENCE.

TOOLS FOR SELF RELIANCE CYMRU

TOOLS FOR SELF RELIANCE CYMRU IS A NON-PROFIT CHARITY BASED IN CRICKHOWELL. IT PROVIDES QUALITY DONATED RECYCLED TOOLS AND SEWING MACHINES TO PEOPLE IN RURAL TANZANIA ALONG WITH TRAINING AND SUPPORT.

WE HAVE BEEN AWARDED THE WALES/AFRICA UN GOLD STAR FOR THIS WORK.

WORKSHOPS

SPOON CARVING WITH HARRY SAMUELS
GREEN WOODWORKING
BLACKSMITHING

FAMILY AREA

WOODLAND TRIBE

BUILD YOUR OWN ADVENTURE PLAYGROUND AT FIRE IN THE MOUNTAIN WITH WOODLAND TRIBE.

OVER THE COURSE OF THE FESTIVAL WOODLAND TRIBE WILL BE GIVING CHILDREN AND FAMILIES HAMMER, SAWS, NAILS AND A HUGE QUANTITY OF WOOD TO BUILD FROM SCRATCH THE PLAYGROUND OF THEIR DREAMS.

WOODLAND TRIBE'S RE-PRESENTING OF ADVENTURE PLAY IS ALL ABOUT SPATIAL AGENCY AND CO-PRODUCTION. CHILDREN CAN COME AND GRAB A TOOL AND GET INVOLVED BETWEEN 10AM AND 5PM FROM FRIDAY TO SUNDAY. RECOMMENDED AGE IS 5+ BUT EVERYONE IS WELCOME TO HAVE A GO. CHILDREN WILL NEED AN ADULT WITH THEM UNLESS THEY ARE FREE TO ROAM.



ADVENTURE BUREAU

A MADCAP IMPROVISED STORYTELLING SHOW, COMPLETE WITH SOUND EFFECTS AND SONGS MADE UP ON THE FLY! KATIE AND SIMON WILL WEAVE YOUR IDEAS INTO A BRAND NEW INCREDIBLE ADVENTURES!

CAPOEIRA FOR ALL

CAPOEIRA FOR ALL ARE A COLLECTIVE FROM LIVERPOOL BRINGING THE AFRICAN-BRAZILIAN ART-FORM OF CAPOEIRA TO FITM. CAPOEIRA IS A RICH CULTURAL TRADITION COMBINING MOVEMENT, DANCE, MARTIAL ARTS, ACROBATICS, MUSIC AND PLAY. PERFECT FOR KIDS AND GROWN-UPS ALIKE, YOU'RE WARMLY INVITED TO JOIN OUR FAMILY FRIENDLY WORKSHOPS RAN BY DUO AKIL AND ELEANOR, GETTING YOU PLAYING, MOVING, SINGING, SMILING AND LEARNING TOGETHER!

JAKE EVANS - STORYTELLER

WORKS ALL AROUND THE COUNTRY AS A STORYTELLER IN SCHOOLS, FESTIVALS, HOSPITALS AND MANY MORE WEIRD WONDERFUL EVENTS AND VENUES. HE TELLS MYTHS, LEGENDS, FOLK TALES, TRUE STORIES AND ANYTHING IN BETWEEN... ANY STORY TO KEEP HIS AUDIENCE ENTERTAINED! JAKE PARTICULARLY LIKES TO INSPIRE PEOPLE TO THINK ABOUT NATURE AND THE ENVIRONMENT IN HIS STORIES AND WILL BE LEADING THE FITM PROCESSION ON SATURDAY.

SOLE REBEL

SOLE REBEL ARE A TAP DANCE AND CREATIVE MOVEMENT AND MUSIC COMPANY WHO LOVE RHYTHM, STORYTELLING AND MAKING MUSIC WITH THEIR FEET.

WE WILL BE LEADING PERCUSSIVE DANCE TASTER WORKSHOPS FOR ALL THE FAMILY TO MOVE TOGETHER. WITH ANY FOOTWEAR YOU HAVE; BAREFOOT, WELLIES OR CROCS, COME ALONG TO MAKE SOME NOISE WITH YOUR FEET AND BODY. LEARN SOME MOVES, PLAY SOME GAMES, AND HAVE FUN DANCING!

SOPHIE NINA - ART

SOPHIE NINA IS AN ARTIST FROM NORTH WALES, WHO MAKES ECO CLOTHING PRINTED WITH HER ARTWORK. HER WORK IS FULL OF JOY AND COLOUR. SHE WILL BE HOSTING FUN AND COLOURFUL KIDS WORKSHOPS AND AN IN DEPTH MANDALA CLASS FOR OLDER KIDS AND ADULTS.

SOUND BATH

ANDREA WILL BE SENDING US INTO A WONDEROUS JOURNEY SOUND BATH WITH 432HZ CRYSTAL SOUND. SHE IS ALSO AN ACCREDITED SLEEP SCIENCE COACH. COME AND JOIN OUR DAILY 432HZ CRYSTAL SOUND SESSIONS IN THE CHILDREN'S BLUE BELL YURT TO HELP BOTH PARENTS & CHILDREN TO CHILL DOWN & DRIFT OFF INTO DREAM TIME!

FAMILY AREA

CIRQUE DE ECONOMIQUE

WILL BE BRINGING A VARIETY OF CIRCUS EQUIPMENT TO THE FESTIVAL FOR PEOPLE TO PLAY WITH: FROM AERIAL AND FLOOR ACROBATICS, TO JUGGLING AND SPINNING PLATES!

WE HAVE FREE ACTIVITIES IN THE DAY AVAILABLE FOR ALL AGES, INCLUDING DAILY DEDICATED SLOTS TO TEENAGERS. (CHECK OUT OUR NOTICE BOARD FOR TIME SLOTS ON ARRIVAL) SO THIS WILL BE A SPACE TO COME LEARN A NEW SKILL, IMPROVE AN EXISTING ONE, OR EVEN DO SOME SKILL SWAPPING WITH OTHERS!

THERE WILL ALSO BE AN OPPORTUNITY TO COLLABORATE TOWARDS A SMALL CIRCUS SHOW TO PRESENT ON THE SUNDAY! THIS CAN INCLUDE ANYTHING FROM DECOR, TO PERFORMING, TO STAGE MANAGEMENT!

FAMILY YOGA

TOR, OUR YOGA TEACHER ENERGY THERAPIST, ARTIST AND STORY TELLER, IS LOOKING FORWARD TO SHARING SOME OF THE LAND WISDOM THROUGH SOME KIDS YOGA, AND DROPPING INTO OUR BODIES TO FIND SOME NEW WAYS OF CONNECTING TO OUR BEAUTIFUL MOTHER EARTH. WE WILL USE MUSIC DANCE AND OUR BODIES TO MAKE A CONNECTION BETWEEN THE STARS AND THE EARTH AND WEAVE SOME STORIES OF CREATION USING OUR BODIES AND VOICES! WE CAN'T WAIT TO YOGA WITH YOU!

JOIN US IN CRAZY BEANZ

WHERE THERE ARE FUN GAMES, DANCING, BUBBLES AND MAGIC. CRAZY BEANZ WILL GUIDE THE CHILLI BEANZ (CHILDREN) ON AN ADVENTURE IN THEIR IMAGINATIONS TO MEET UNICORNS, DINOSAURS AND FAIRIES. WITH HIGH LEVELS OF PITCH AND PACE, THE CHILDREN ARE FULLY ENGROSSED FROM START TO FINISH. ADULTS AND OLDER CHILDREN LOVE TO GET STUCK IN TOO! WE DON'T LEAVE ANYBODY OUT!

WAKE AND SHAKE

A FAMILY FRIENDLY WAY TO SHAKE OFF THE BED HEAD AND GET YOUR BODIES INTO ACTION FOR A FUN PACKED DAY. COME ALONG EVERY MORNING AND BRING THE WHOLE FAMILY FOR AN EXPLORATION OF MUSIC AND DANCING.



FESTIVAL FAVOURITES!

BABY BATH TIME

BRING ALONG YOUR TOWEL AND HAVE AN OUTDOOR FESTIVAL BATH WITH YOUR PALS.

CHILL OUT AREA

BOARD GAMES, TEDDIES, AND BOOKS IN THE BLUEBELL YURT WHERE ITS SNUGGLY AND COZY.

DRESS UPS

PICK OUT YOUR FAVOURITE ENSEMBLE FROM THE DRESS UP BOX.

DANCE

LEARN SOME NEW MOVES, MAKE UP YOUR OWN, OR DO WHATEVER YOU FEEL.

THE LITTLE FOLKS' STAGE

SING AND PERFORM ON OUR HORSE BOX STAGE

WELFARE AND WELLBEING

THE WELLBEING YURT

TAKE SOME TIME OUT IN OUR BEAUTIFUL YURT DOWN NEAR THE ADVENTURE CAMPING / BARDIC FIRE WHERE WE OFFER A WARM, WELCOMING SPACE TO SHARE YOUR FESTIVAL UPS AND DOWNS WITH TRAINED THERAPISTS AND EXPERIENCED LISTENERS.

YOU MAY NEED TO PROCESS AN ARGUMENT YOU'VE HAD, YOU'VE HAD A WILD NIGHT OUT AND HAVE SOME REGRETS AND NEED TO TALK, YOU ARE BURNT OUT FROM WORKING AT THE FESTIVAL AND NEED SOME SPACE TO RESTORE OR YOU ARE EXPERIENCING CHALLENGING FAMILY DYNAMICS AND NEED SPACE TO FIND SOME BALANCE.

THE TEAM AIMS TO SUPPORT YOU TO HAVE THE BEST FESTIVAL YOU CAN. HOT DRINKS AND COZINESS TO REFLECT AND RECHARGE. ALL ARE WELCOME.

INFORMAL MANDALA MAKING AND ART MATERIALS ON HAND FOR ALL TO CAPTURE AND JOURNAL YOUR FESTIVAL TIME.

OPEN FROM MIDDAY TO 8PM- DROP IN (NO CHARGE)

WELLBEING WORKSHOPS

TAI CHI

REST A WHILE IN THE TREES OR JOIN SI FOR MORNING TAI CHI OUTSIDE AT 9AM EVERY DAY.

YOGA

YOGA, LED BY FRANKIE, WILL BE AT 11.00AM ON FRIDAY AND SATURDAY IN THE TRAVELLING BARN. YOGA WILL BE AT THE WELLBEING YURT ON SUNDAY MORNING.

STRENGTHEN THE BODY AND MIND. BRING A MAT/RUG.

HERBALISM

WE ARE DELIGHTED TO HOST A HERBAL CWTCH THIS YEAR.

WE WILL BE OPEN FROM 11 TILL 7 FOR HERBAL FIRST AID AND CUPS OF TEA AROUND THE FIRE.

WE HAVE A STALL SELLING WELSH MADE AND HERBAL REMEDIES FROM FURTHER AFIELD (WWW.HEARTWOODHERBS.ORG).

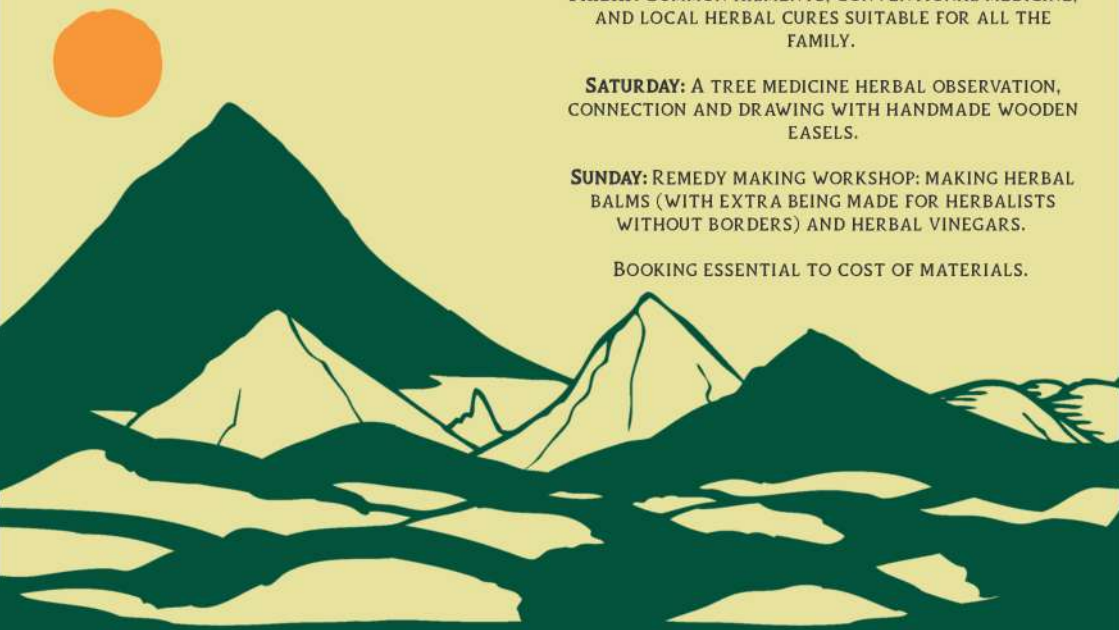
DAILY WORKSHOPS 2 - 3PM

FRIDAY: COMMON AILMENTS, CONVENTIONAL MEDICINE, AND LOCAL HERBAL CURES SUITABLE FOR ALL THE FAMILY.

SATURDAY: A TREE MEDICINE HERBAL OBSERVATION, CONNECTION AND DRAWING WITH HANDMADE WOODEN EASELS.

SUNDAY: REMEDY MAKING WORKSHOP: MAKING HERBAL BALMS (WITH EXTRA BEING MADE FOR HERBALISTS WITHOUT BORDERS) AND HERBAL VINEGARS.

BOOKING ESSENTIAL TO COST OF MATERIALS.



FESTIVAL FORUM

THE FESTIVAL FORUM WILL RUN ON FRIDAY 2ND JUNE ONLY.



THE LANDWORKERS ALLIANCE BRINGS TOGETHER SPEAKERS ON THE THEME OF TRANSFORMATIVE CONNECTION ACROSS LAND AND SEA

JYOTI FERNANDES, CAMPAIGNS COORDINATOR FOR THE LANDWORKERS ALLIANCE WILL WEAVE TOGETHER STORIES FROM THE NETWORKS EMERGING BETWEEN LAND BASED PROJECTS, SEA BASED CONNECTORS INDIGENOUS PEOPLES, PEASANTS, FISHER PEOPLES, FARMERS, AND ACTIVISTS TO ILLUSTRATE HOW WE CAN BUILD CONNECTIONS BETWEEN LAND AND SEA ROOTED SOCIAL MOVEMENTS POWERFUL ENOUGH TO RADICALLY TRANSFORM SOCIETY. THE SESSION WILL INCLUDE A CEREMONY CELEBRATING CONNECTION

SPEAKERS MAY INCLUDE

- JAVIER SANCHES, FROM THE ANNE MATTHEWS TRUST WILL SPEAK ABOUT HIS WORK WITH YOUTH FROM REFUGEES AND MIGRANT BACKGROUNDS TO COMBAT OPPRESSION LEARN NEW SKILLS-MOYAH FROM MAY PROJECT GARDENS WILL SPEAK ABOUT CONNECTING URBAN YOUTH TO GARDENING THROUGH HIP HOP
- ADAM PAYNE, A FARMER, WILL SPEAK ABOUT LA VIA CAMPESINA, THE INTERNATIONAL PEASANTS MOVEMENT REPRESENTING OVER 200 MILLION PEASANTS WORLDWIDE AND HOW UK PEASANTS FIT IN
- JESS ABIS WILL SPEAK ABOUT HER WORK WITH THE KOGI AND ARHUACO COMMUNITIES REFORESTING LAND IN COLUMBIA
- RICH ANDERSEN WILL SPEAK ABOUT HIS SAIL BOAT VOYAGES AND THE CONNECTIONS WHICH CAN BE MADE BETWEEN ACTIVISTS BUILT ON ANCESTRAL KNOWLEDGE OF THE SEAS



JESSICA KLECZKA

CHANNELING CLIMATE ANXIETY INTO ACTIVE HOPE TO TRANSFORM OUR WORLD



RIGHT TO ROAM

A PANEL DISCUSSION FROM THE RIGHT TO ROAM MOVEMENT, EXPLORING OUR RELATIONSHIPS TO LAND AND ITS STORIES.

HEMPEN

HOW TO REGENERATE OUR BODIES, OUR COMMUNITIES AND THE LAND WITH HEMP.

SHOULD FIRE IN THE MOUNTAIN BECOME A CO-OP?

KIRI LANGMEAD LANGTREE INTRODUCES WORKER.COOP THE FEDERATION PROMOTING THE TRANSFORMATIVE POTENTIAL OF CO-OPERATIVES

LION: NAOMI TERRY PRESENT HER REPORT JUMPING FENCES.

WHAT ARE THE BARRIERS TO PEOPLE OF COLOUR WORKING IN THE COUNTRYSIDE.

THE SUNDAY MARKET

THE TRAVELLING BARN, SUNDAY 4TH JUNE, 10AM - 2PM

COME! TINKERS AND TAILORS, CRAFTER AND MAKERS,
BRING YOUR GOODIES AND YOUR WARES.
COSTUME YOURSELF IN YOUR FINEST ATTIRE,
BE THEY PATTERNED PYJAMAS OR GOWNS OF SAPPHIRE.

THIS YEARS GATHERING OF BAKERS AND JEWELLERS
TAKES PLACE ON THE SLEEPYEST OF DAYS.
THEY'LL BE THERE AWAITING IN THE TRAVELLING BARN
TO HELP YOU RECOVER FROM SATURDAYS HAZE.

FROM 10AM SHARP BEGINS SUNDAYS SHOW
FROM COSTUMES TO LOCAL HONEY, KINKY BOOTS TO
MUNCHIES. YUMMY!!
POP BY FOR A QUICK "HELLO"

THE TREASURE HUNT BEGINS AND IT'S TIME TO FIND
ALL SORTS OF THINGS,
FROM ONE OF KIND GARMS AND VEGAN CAKES TOO,
OUR LOCAL TRADERS ARE GATHERING ESPECIALLY FOR
YOU...

SO PLEASE COME AND JOIN US AND CELEBRATE LOCAL
PEOPLE, MARVEL AT THEIR CRAFTS,
WE WELCOME YOU WITH OPEN ARMS FOR A WEE SHOP
AND A FEW LAUGHS.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

THIS YEARS FARMERS MARKETS HOSTS 13 LOCAL TRADES-
PEOPLE, FROM DRESS AND TOY MAKERS, VINTAGE CLOTHING
SELLERS AND A WOOD CARVER TO LOCAL FOOD PRODUCERS,
JEWELLERS AND MAKERS OF MEAD!

WE REALLY HOPE YOU CAN JOIN US IN SUPPORTING LOCAL
PEOPLE DOING WHAT THEY DO BEST.

JOINING US THIS YEAR IS FIRM FAVOURITE AND PART OF
THE FITM FURNITURE SALLY, FROM FREIDA MO'S IN
LIVERPOOL/PRETTY FLAMINGO WITH ALLERGEN
FRIENDLY FRESH BAKES (VEGAN AND GLUTEN FREE
INCLUDED) PLUS A MINI FESTIVAL FASHION STALL FULL OF
RAINBOWS AND JOY.

BEN WHO'S OUR LOCAL MEAD PRODUCER.

THE KIDS FIELD ARE HOSTING A CHILDREN'S CLOTHING
CORNER AND TOY MAKER PLUS THE WONDERFUL SUE
FROM JUST DOWN THE ROAD IS COMING BACK WITH HER
RAG RUG KITS, RECYCLED TEXTILES AND HANDMADE
BAGS.

WE'VE GOT ADELE FROM TALLULA VINTAGE WHO A
WIZARD WITH A SEWING MACHINE BRINGING VINTAGE
CURTAINS AND FABRICS BACK TO LIFE INTO WEARABLE
PIECES OF ART.

Alice selling art, textile hangings and greetings



ALICE SELLING ART, TEXTILE HANGINGS AND GREETINGS
CARDS, ALL MADE LOCALLY. SHE'S ALSO ENJOYING THE
FESTIVAL ALL WEEKEND SO GO SEEK HER OUT, SHE MIGHT
GIVE YOU A PREVIEW.

ABII FROM RUBY SPARROW GIVING US BOHEMIAN CHIC WITH
HER EFFORTLESS DESIGNS AND BANGING SILVER JEWELLERY
CREATIONS
AND I'M SURE OUR ANNUAL "RIVER ROCK" FORAGERS WILL
JOIN US AT SOME POINT

FOOD AND DRINK

ALE FESTIVAL

PURPLE MOOSE
(OUR HOUSE BREWERY, PORTHMADOG)

ANTLERED IPA
MŴSH (LAGER)
SNOWDONIA
GLASLYN
YSGAWEN
MADOGS

DARK SIDE OF THE MOOSE
WHAKAHARI
HIGH HOPS TROPICAL IPA



WYE VALLEY
BUTTY BACK
WHOLESOME STOUT
HOPFATHER

MANTLE
ROCK STEADY
MOHO
DARK HEART

SALOPIAN
SHROPSHIRE GOLD
ORACLE
DARWIN'S ORIGIN
LEMON DREAM
GOLDEN THREAD

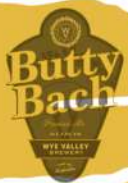
MONTY'S
OLD JAILHOUSE
MPA
SUNSHINE
MASQUERADE
MISCHEIF

GREY TREES
DIGGERS GOLD
BLACK ROAD (STOUT)
AFGHAN

CWRW CADER
AUR CADER
CWRW COCH

BLUE STONE
BEDROCK BLONDE
STONE COLD
MOONSTONE

SNOWDON CRAFT
IPA
SUMMIT
PORTER



FOOD

CENTRAL KITCHEN
BEAN THERE DRUNK THAT
DEEP FRIED HEAVEN
MEDINA (ABERYSTWYTH)
WOOD FIRED PIZZA
FAMILY TUCK SHOP
TARA RASOI - CURRY
LUFFY'S COFFEE
SIN NOMBRE TACOS
REAL TING - JAMAICAN STREET FOOD

MORE DRINK!



DÀ MHÌLE
DISTILLERY

DA MHILE DISTILLERY (CEREDIGION)
FIRE IN THE BELLY RUM
FLOWERS OF THE MOUNTAIN GIN
MOUNTAIN MOONSHIE
OUR SPIRITS ARE PRODUCED LOCALLY.



SHIRE MEADERY
FINE MEADS

mydflower

SPARKLING ELDERFLOWER WINE (BRECON)



SAUNA



WELCOME TO THE FITM SAUNA ETIQUETTE GUIDE!

BELOW ARE SOME BULLET POINTS TO ENSURING THAT YOU AND OTHERS HAVE THE BEST SAUNA EXPERIENCE POSSIBLE:

AREA GUIDE

- THE SAUNA AREA IS NOT ENTIRELY ACCESSIBLE. IF YOU HAVE ACCESSIBILITY NEEDS, YOU ARE WELCOME TO ASK CREW ON SITE TO HELP YOU ACCESS THE SHOWERS OR SAUNA. FOR DETAILS ON ACCESSIBILITY ISSUES IN THIS AREA PLEASE CONTACT INFO@FIREINTHEMOUNTAIN.COM FOR A FULL BREAKDOWN.
 - NUDITY IS OPTIONAL.
 - WASH BEFORE ENTERING THE SAUNA
- USE NATURAL PRODUCTS IN THE SHOWERS AND STREAM
 - BE KIND AND COURTEOUS TO OUR CREW.
- PLEASE HANG YOUR CLOTHES AND BAGS ON THE HOOKS PROVIDED AND YOUR SHOES ON THE SHOE RACK. THIS HELPS KEEP OUR SPACE TIDY.
 - CHILDREN MUST BE ACCOMPANIED BY AN ADULT.
 - NO PHOTOGRAPHY.
- PLEASE DO NOT PUT WATER ON THE STONES IN THE SAUNA. IF YOU WOULD LIKE WATER ON THE STONES, PLEASE ASK A MEMBER OF OUR CREW. TOO MUCH WATER ON THE STONES ACTUALLY MAKES THE SAUNA COLDER.
 - PLEASE DO NOT TRY TO USE THE HOT TUB WHEN IT IS CLOSED.
- IF YOU WANT TO ADD MORE WOOD TO THE SAUNA, OR TO THE OUTDOOR FIRES, PLEASE ASK IF A MEMBER OF OUR CREW CAN DO IT FOR YOU BEFORE TAKING THE INITIATIVE TO DO IT YOURSELF.

HOW TO TREAT OTHERS:

- REFRAIN FROM COMMENTING ON PEOPLE'S BODIES. EVEN COMMENTS THAT YOU THINK ARE COMPLIMENTS, MIGHT NOT BE TAKEN THAT WAY BY SOMEONE ELSE. THINK OF ANOTHER WAY TO HAVE A CONVERSATION WITH SOMEONE THAT **DOESN'T** INVOLVE TALKING ABOUT THEIR BODY.
 - THIS AREA IS A NONSEXUAL SPACE, PLEASE REFRAIN FROM FLIRTING OR PETTING.
- DO NOT ASSUME PEOPLE'S GENDER. IF YOU DON'T KNOW WHAT PRONOUNS SOMEONE USES, ASK THEM FIRST.
- RESPECT OTHERS RIGHT TO PEACE AND QUIET- DO NOT PLAY AMPLIFIED MUSIC FROM YOUR PHONE OR OWN SPEAKER.
- SINGING, STORYTELLING AND CHATTING IS ENCOURAGED WITHIN THE SAUNA. BE MINDFUL OF THE ATMOSPHERE WITHIN THE SAUNA AND CONSIDER OTHERS NEEDS. THE SAUNA SPACE IS ONE OF THE SPACES WHERE PEOPLE GET TIME TO RELAX AND RECUPERATE. KEEP THIS IN MIND WHILE COMMUNICATING IN THE SAUNA. TARA RASOI



CAMPFIRE IN THE MOUNTAIN

MONDAY 28TH AUGUST -
SUNDAY 3RD SEPTEMBER
2023

A WEEK OF CAMPING ON OUR
BEAUTIFUL FESTIVAL FARM

JOIN A SMALLER NUMBER OF GUESTS
FOR A RELAXED WEEK ON THE FARM,
WITH LOADS OF ACTIVITIES FOR ALL
THE FAMILY

FOREST SCHOOL, SAUNA, HOT TUB, COMMUNAL
FEASTING, CAMPFIRES, MARSHMELLOWS, LOCAL ALES
AND FINE DRINKS, BRING AND SHARE ACTIVITIES,
MUSIC SESSIONS, CEILIDH AND TWMPATH DANCE, AND
ALL THE WONDER OF NATURE.

CHECK OUR WEBSITE FOR DETAILS AND TO BOOK



MUSIC OF THE MOUNTAIN

MONDAY 11TH - SATURDAY 16TH
SEPTEMBER 2023

ARRIVAL DAY MONDAY 11TH, TUITION
TUESDAY - FRIDAY, DEPART SATURDAY 16TH

A WEEK-LONG FAMILY FRIENDLY MUSIC
LEARNING CAMP ON A BEAUTIFUL \
FARM IN MID WALES.

TUITION AVAILABLE IN SINGING, FIDDLE, BANJO, GUITAR,
ACCORDION, PLUS A MIXED INSTRUMENT BEGINNERS
COURSE.

WE INVITE YOU TO MUSIC IN THE MOUNTAIN IV.

LEARN TO PLAY FOLK MUSIC BY EAR WITH A HOST OF
FANTASTIC TUTORS.

CONFIRMED COURSES FOR 2023:

CAJUN AND OLD TIME FIDDLE WITH JOCK
GUITAR WITH VERA
BEGINNERS VIOLIN/FIDDLE WITH JERRY BLOOM
BEGINNERS BANJO WITH STEVE BLAKE
OLD TIME FIDDLE TECHNIQUE WITH CRAIG JUDELMAN
KLEZMER WITH ANNA LOWENSTEIN (LOSHN)
OLD TIME BANJO TECHNIQUES WITH LUKE RICHARDSON (USA)
NORTH AMERICAN SINGING STYLES W/ GWENNIE
MIXED INSTRUMENTS FOR BEGINNERS WITH ED HICKS
COURSES WE'RE LOOKING INTO AND NOT READY TO CONFIRM

INTRODUCTION TO WELSH FOLK MUSIC, SONG AND DANCE IN ASSOCIATION WITH TRAC
CYMRU
ACCORDION
CAMP@FIREINTHEMOUNTAIN.CO.UK

